

# How do I get started?

- No appointment is necessary
- You will meet with our PrEP Navigator who will talk to you about the program.
- You will meet with our PrEP medical provider who will go over the medication and any possible side effects you may experience.
- Your nurse will draw blood and collect a urine sample to test for;
  - STI's & HIV
  - Hepatitis B
  - Kidney Health
  - Pregnancy
- At the end of the visit you will be given a package of 10 PrEP pills to take with you while we wait for the results of your lab work.
- In a few days your lab work will be reviewed by our medical provider and, if everything is approved, a prescription will be sent to your pharmacy of choice.
- A 30 day follow-up medical appointment will be scheduled.



ERIE COUNTY  
DEPARTMENT OF HEALTH

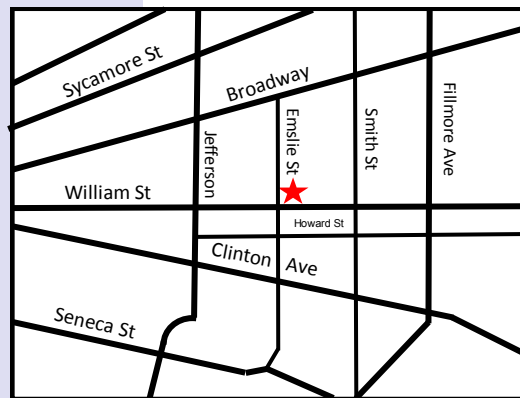


Public Health  
Prevent. Promote. Protect.



ERIE COUNTY  
DEPARTMENT OF HEALTH

# PrEP Clinic



608 William Street  
Buffalo, New York 14206

716-858-7942

[www.erie.gov/PrEP](http://www.erie.gov/PrEP)

## Hours of Operation

Monday - Friday  
8:30am - 3:30pm

Wednesday (by appointment)  
8:30am - 6:00pm

Closed daily 12:00(noon) - 1:00pm



# 1 Pill ONCE a day!



# ERIE COUNTY

## PrEP Clinic

### What is PrEP?

#### Pre-Exposure Prophylaxis:

A medication approved by the U.S. Food and Drug Administration (FDA) for daily use that can help people that are HIV negative stay HIV negative.

### Is it Effective?

According to the Centers for Disease Control, PrEP can reduce the risk of getting HIV from sex by more than 96%.

Using condoms provides added safety.

It is important to note that PrEP does not protect against other sexually transmitted infections (STI's) or pregnancy and is not a cure for HIV.

### Is PrEP Safe?

Many people who have taken Truvada as PrEP have reported little to no significant side effects, but every person is different. Some people have experienced mild nausea, headaches, or weight loss for the first 4-8 weeks of taking PrEP. These side effects will go away on their own after the first few weeks of treatment.

### Should I use PrEP?

PrEP has been approved to prevent infection in HIV-negative adults (18+) who are at a higher risk of HIV infection through sexual contact.

Higher risk means... anyone who has [had];

- Sex without a condom
- Sex with multiple partners
- A positive partner
- History of STI's
- Shares needles
- Engages in sex work

The choice to use PrEP, like the choice to use condoms, is a personal decision. The important thing is to find an HIV prevention strategy that fits your needs and meets your sexual health goals.

### How Does PrEP Work?

The pill works by preventing HIV from attaching to the cells it typically attacks. When the virus can't attach to the cell, it cannot replicate itself and will eventually die.

Maximum protection comes from taking the pill every day.

### How much does it cost?

Private insurance plans, as well as Medicaid, will cover the cost of Truvada as PrEP. In most cases, you would only be responsible for your co-pay.

We will be happy to check with your insurance company to determine how much a monthly prescription may cost.

If you do not have health insurance, or are subject to high deductibles, our clinic has resources available that can assist you. In many circumstances these resources may completely cover the cost of the drug and/or co-pays.